**HOW TO NOTICE CONFLICTS**

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Every moment, every time, we are targets of conflicts, these can be those that are easy to resolve or those that are extremely difficult to resolve.

Throughout my life, I have been the target of thousands of conflicts, but one in specific left a lasting impression on me, and I'm sure I'll never forget it, as it was something that really stood out for me.

When I was 8 years old, I was at the playground, which was very close to my house. I was accompanied by a group of friends, in this playground there were always some parties organized by church people, these parties still exist today.

During this party, we were running and playing around the entire playground, it was a very fun afternoon, there was only one toy missing that we hadn't all gone to together yet as it was always very crowded, this toy in question was the swing.

I was the first to go on the swing, as I didn't have much strength and my legs were very small, they could barely reach the ground, so I asked a friend of mine to push me so I could swing, and so I did.

My swing wasn't going up very high because I was afraid of heights, so I asked for it not to be so high, while we were having fun, we noticed that a girl had arrived at the place, until then we thought she was waiting for her turn to play, but what happened was quite different.

I had never seen that girl in my life, and for some reason, she came and pushed me off the swing, I fell to the ground and got covered in dirt, I was looking at the girl waiting for some explanation as to why she had done that.

Silence dominated the environment, as we stared at each other, my friend, who was four years older than me, went to talk to the girl, she was extremely furious at the girl, I was afraid that they would end up fighting really badly and getting hurt., so I asked them to stop and broke up the fight.

After all this happened, I called my friend to leave, as it wasn't worth creating confusion because of that girl, we turned our backs and left.

This conflict really served as a lesson for me, because in certain situations it's not worth causing major confusion, silence is one of the best responses we can give to completely ignorant people, unfortunately we had the misfortune of meeting this girl more often on the street, She passed by looking at us, we just ignored it and moved on.